

Senator Sanborn, Representative Tepler, and distinguished Members of the Committee on Health Coverage, Insurance, and Financial Services,

My name is Nancy Frederick, a resident of Gray and am the Founder of Baylight Center for Homeopathy in Portland, where I practice and teach homeopathy and Attunement. I request that you vote to support LD 364 An Act To Establish the Right To Practice Complementary and Alternative Health.

I attended Nursing School at the University of Maine and subsequently worked in Nuclear Medicine, and have an appreciation and respect for the allopathic world. After seeing the effects of homeopathy in the healing of one of my children after a serious accident, I was compelled to explore the subject more deeply. That was thirty years ago and I haven't looked back. My homeopathic education started then and continues to this day. I've watched my profession grow from a handful of practitioners in Maine, to a burgeoning number of competent professionals, many dozens of whom have completed training at our internationally recognized four-year program at Baylight. I've studied with homeopathic Masters all over the world and hope to continue to be able to share the information and skills acquired from that experience. Having personally undergone deep personal healing with alternative modalities, I feel a responsibility to my community to support this law so that others have access to practitioners with this specialized knowledge.

In many cases, an individual seeks alternative care when all else fails. Many of these modalities have effective tools for dealing with drug addiction, the effects of Lyme disease, those suffering from autism, and the effects of traumatic brain injury. It's not the problem itself, but the whole person who HAS the problem that determines the course of treatment, and the goal is to provide balance where there is suffering in body, mind and spirit.

Alternative practices are safe, inexpensive, sustainable and have no harmful side effects. In homeopathy, for example, the remedies we use are prepared by licensed homeopathic pharmacists, are regulated by the FDA, and are listed in the Homeopathic Pharmacopeia of the United States.

The passage of this law, which requires no funding or the creation of a board, will allow practitioners to work freely in the community. My personal vision is to bring alternative modalities to those who could use them the most; to the prisons, to public health facilities, and to those who are out of options. As a member of the steering committee for LD364, I recommend passage of this law. Thank you.

Snow, Veronica

From: Nancy Frederick <nancyrshom@gmail.com>
Sent: Wednesday, April 10, 2019 1:25 PM
To: HCIFS
Subject: My Revised Testimony

Senator Sanborn, Representative Tepler, and distinguished Members of the Committee on Health Coverage, Insurance, and Financial Services

My name is Nancy Frederick, a resident of Gray and am the Founder of Baylight Center for Homeopathy in Portland, where I practice and teach homeopathy and Attunement. I request that you vote to support LD 364, An Act To Establish the Right To Practice Complementary and Alternative Health.

We're here today because we want to join the twenty states which have introduced and the ten other states that have passed safe harbor exemptions. *

Currently there are an unknown number, possibly thousands, of complementary and alternative health care practitioners in the State of Maine; all small business owners, all practicing some form of non-harmful, unlicensed healing art, and all providing support to those citizens of Maine who have chosen to be responsible for their own health and well-being by seeking the skills and practices of compassionate professionals.

Many of these practitioners are unaware that they are in possible violation of Maine Law 3270. This law was designed to protect consumers under the scope of the practice of medicine. Because the numerous modalities currently practiced by complementary and alternative practitioners do not cause harm, are non-invasive and are covered by full disclosure, the purpose of LD 364 is to exempt those practitioners from the existing law, thereby assuring free access to Maine citizens.

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The passage of this law, which requires no funding or the creation of a board, will allow practitioners to work freely in the community, and the public to have access. My personal vision is to bring alternative modalities to those who could use them the most; to the prisons, to public health facilities, and to those who are out of options. As a member of the steering committee for LD364, I recommend passage of this law. Thank you.

Respectfully submitted,

Nancy Frederick, CCH, RS HOM, HMC, AIHC

***States which have passed**

Oklahoma, Idaho, Minnesota, Rhode Island, California, Louisiana, New Mexico, Arizona, Colorado, and Nevada