

April 7, 2019

Testimony in Support of LD 364

“An Act To Establish the Right To Practice Complementary and Alternative Health Care Act.”

Senator Sanborn, Representative Tepler, and Members of the Committee on a Health Coverage, Insurance and Financial Services,

My name is Lori LeBlanc and I live and practice in Belfast.

My journey to exploring alternative healing modalities began when I was 20 years old and attending art college, and as a consequence of experiencing a series of unexplained episodes of short-term paralysis and intense body pain. I received extensive tests and my doctor recommended that I seek support from a massage therapist, chiropractor or other alternative modalities. Additionally, as an asthmatic, my doctor had prescribed many medications for me. When they didn't seem to be helping, he recommended a homeopathic or naturopathic doctor as a means to assist, as his own son had received tremendous results from these options. As a result, my own healing journey was so profound and life changing that upon graduating art college I immediately enrolled in a Massage and Polarity therapy program in Portland, Maine.

I choose to study Massage Therapy, Polarity Therapy, Sound Healing and biosonic repatterning. Over the years, I have helped people with PTSD, anxiety, Lyme disease and chronic pain. It has been an honor for me to assist people with finding their way back to living their most fulfilling life. I do believe that many doctors recognize the value of these alternative modalities; and in fact have provided consults to support their work with mutual clients. My sound healing work helps people relax, reset their nervous systems, and helps break the stress loop. Whether lowering blood pressure or preventing an anxiety attack, these modalities help people experience wellness and balance. I have worked hard to make a difference in the lives of others, and over the years as a practitioner of alternative healing practices have seen dramatic and life altering improvements.

I respectfully urge you to support Maine's complementary and alternative health care practitioners/health care consumers and vote in support of LD 364.

Thank you for your consideration.

Sincerely,
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